



Omineca Announces the Receipt of Drill Permits - Drilling to Commence

SASKATOON, SK – September 1, 2020 – Omineca Mining and Metals Ltd. (TSXV: OMM) ("**Omineca**" or the "Company"), announces that it has received permits from the Government of British Columbia for the first 27 diamond drill holes, totalling approximately 8,000 meters, at its Wingdam gold exploration project in the Cariboo Mining District of south-central British Columbia. A drill is on site and final preparations are underway to commence the maiden drill program.

The central focus of Omineca's 2020 gold exploration program is to locate the presumed multiple bedrock sources of placer gold recovered by Omineca in the 2012 underground bulk sampling program.

Omineca Mining and Metals Ltd.'s management would like to recognize the Ministry and its various agencies and contractors for their efforts in keeping this project moving amidst the challenges that Covid 19 has presented. Omineca would also like to extend its thanks to the Lhtako Dene Nation, Red Bluff Indian Band for their open communication and input. Omineca looks forward to a mutually successful project in the Cariboo Mining District.

The Company will provide regular updates as the drill program progresses.

About Omineca Mining and Metals Ltd.

Omineca Mining and Metals Ltd. controls its flagship Wingdam Project and the Fraser Canyon Project through its wholly owned subsidiary CVG Mining Ltd. The Wingdam Project is located 45 km east of Quesnel B.C. on the Barkerville highway. The property includes both placer and hard-rock tenures now totaling over 39,000 hectares (390 square kms) surrounding the Lightning Creek valley. Topographic conditions created a thick overburden which preserved a large portion of an underground channel from conventional surface placer mining activity. For 2020, Omineca has plans to re-start a bulk sampling program to recover placer gold trapped underground while also conducting a diamond drill program to explore for multiple potential hard rock sources of the placer gold.

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Forward Looking Statements

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